All stories have the same components — this worksheet will help you identify yours.

| First, we need a character! This is you! The character typically wants something — they have a goal or some desired change in their life. In your story, what did you want? Write that here: |
|---|
| Usually, there is some sort of obstacle in the path of that goal or change. Write the obstacle here: |
| How did you try to overcome the obstacle? Write that here: |
| Who or what did God use to guide you? Did you have a plan or did it happen naturally? Make notes about that here: |
| What actions did you take, and what was the result ? |
| How were you transformed through this journey? |
| |

When you're finished with this guide, go back to the Story Identification Page on the One Journey website and click the button!

Need a safe place to bounce ideas and get feedback? Join the private Facebook group by scanning the QR code!

